



EUROPEAN
DAY SPA

WHERE ORGANIC TRANQUILITY MEETS EUROPEAN TRADITION

JUDIT EUROPEAN DAY SPA



HISTORY

Judit European Day Spa was founded by mother daughter duo Elizabeth and Judit in the Southside Neighborhood of Pittsburgh on November 24, 2006 (Black Friday). Elizabeth, who had emigrated from her native Hungary, had established herself as a sought-out masseuse, including the honor of massaging a member of the Royal Family, when she was joined by her daughter, Judit, who emigrated in 2001.

With Judit's extensive experience and training in the art and science of skin care, coupled with Elizabeth's background, Judit European Day Spa brought to life Judit's vision of providing the Hungarian Skin Care Aesthetic, where facials are considered essential maintenance – not a luxury, to the women (and men) of Southwestern PA.

With a focus on using only the finest, all natural, products derived from Hungary, Judit European Day Spa utilizes Eminence Organics products and Omorovicza, a cult favorite, which it introduced to the Pittsburgh area following a relocation of the Spa to the Village of Sewickley, PA in the Fall of 2020.

We invite you to Relax, Revive and Renew, at Judit European Day Spa, where organic tranquility meets European tradition, with one of our specialized facial or body treatments, a soothing or invigorating massage, manicure or pedicure, or indulge in one of our signature or specialized packages.



EMINENCE
ORGANIC SKIN CARE
Gel Moisturizer

EMINENCE
ORGANIC SKIN CARE
Mangosteen
Replenishing
Hand Cream

LACTIC ACID COMPLEX

EMINENCE
ORGANIC SKIN CARE
Mangosteen
Body Lotion

LACTIC ACID COMPLEX

EMINENCE ORGANIC SKIN CARE

EACH 60 MINUTE FACIAL CAN BE ADJUSTED TO 80 MINUTES.
INQUIRE ABOUT PRICING WHEN SCHEDULING.

Melding herbal craftsmanship with skin rejuvenation techniques unique to Hungary, and hand-picked fresh ingredients, Eminence Organic Skin Care has been a pioneer of organic skin care since 1858. With an extensive array of award winning products to choose from, Eminence has a product to treat every skin concern. Discover how Eminence's superior products and treatments can bring out the best in your skin.

CLASSIC EUROPEAN FACIAL

60 min. \$100

Series of 6 / 60 min. \$500

Our signature facial is customized specifically to the needs of your skin utilizing only Eminence organic skin care providing beneficial elements of organic fruits, vegetables and herbs. This luxurious facial will include gentle cleansing, exfoliation, extraction (if desired), and classic Hungarian facial massage to exercise the facial muscles for instant lifting and firming. Your experience is finished with a customized soothing mask leaving your skin looking youthful and radiant.

PROBIOTIC CLEAR SKIN FACIAL

60 min. \$120

This deep pore cleansing treatment focuses on oily and acne prone skin. Created especially to heal and repair the irritated and inflamed areas. The treatment uses probiotics and herbal serums to comfort and calm your complexion while purifying your skin.

VITAMIN C FACIAL

60 min. \$120

The primary focus of this soothing and calming facial is to restore the skin's balance, prevent aging, and provide high anti-oxidant protection. From organic citrus and kale this potent dose of non-irritating vitamin C brightens skin, lightens dark spots, clarifies and evens complexion.



BRIGHT SKIN FOR HYPERPIGMENTATION *60 min. \$120*

Say good bye to hyperpigmentation and dark spots with this clarifying and lightening facial using a super potent combination of Stone Crop, Licorice Root and Bearberry to help fade dark spots while Aloe Vera and Lavender soothe and calm irritated skin. Perfect for normal to dry skin types.

GENTLEMAN'S FACIAL *60 min. \$120*

Designed specifically with men in mind, this treatment includes an enzymatic detoxification to gently cleanse and draw out impurities with nourishing massage focusing on the face, hands, neck and shoulders, to improve the skin's tone and texture.

ANTI-AGING FIRMLING FACIAL *60 min. \$135*

Designed to correct the signs of aging and rejuvenate the skin. Experience immediate and lasting anti-aging results from an exclusive clinically-proven Natural Retinol alternative. Boosts collagen and improved skin elasticity which results in plump and firm skin that appears and acts naturally ageless.

THE COMPLETE EXPERIENCE PERSONALIZED FACIAL *90 min. \$180*

This bespoke facial starts with an in-depth skin analysis and is tailored to suit your skin type, and skin care concerns, using a combination of Eminence Organics Skin Care products and Hungarian massage and extraction techniques, if recommended, to deliver the desired results.

SEASONAL FACIALS *60 min. \$120*

As the seasons change, so does nature's effect on our skin. To provide equilibrium and balance to the effects of a changing environment, we offer a number of seasonal facials throughout the year focused on revitalizing, balancing and energizing the skin.

UPGRADE YOUR TREATMENT BY CHOOSING ONE OR MORE OF
OUR CAREFULLY CREATED SERVICE ENHANCEMENTS.

FACIAL ENHANCEMENTS

HYDRATING LIP TREATMENT	\$15
REJUVENATING EYE TREATMENT	\$25
HAND TREATMENT	\$20
ANTI-AGING NECK AND DÉCOLLETÉ	\$30
HIGH FREQUENCY	\$20
OXYGEN TREATMENT	\$25
DERMAPLANING	\$75



EYELASHES & EYEBROWS

EYEBROW TINTING	\$15
EYEBROW SHAPING	\$30
EYELASH TINTING	\$25
EYELASH LIFT	\$125

MAKE-UP

QUICK APPLICATION MAKE-UP	\$45
SPECIAL OCCASION MAKE-UP	\$125





WAXING

EYEBROWS	\$20	UNDERARM	\$25
LIP OR CHIN	\$15	BIKINI	\$40
FULL FACE	\$60	EXTENDED BIKINI	\$60
NECK	\$30	BRAZILIAN	\$80
SIDEBURNS	\$20	BACK	\$65 & up
FULL/HALF ARM	\$50/\$35	CHEST	\$35 & up
FULL/HALF LEG	\$70/\$45	STOMACH	\$25





ADVANCED SKIN CARE

CBD FACIAL

60 min. \$150

Give your skin a CBD infused boost with this luxurious facial service enhancement! A highly concentrated and gorgeous blend of broad spectrum hemp CBD oil and MCT coconut oil delivers radiance to stressed and overworked skin with earthy aromatics to delight the senses.

PEEL FOR PERFECTION

60 min. \$150

Peels can benefit all skin types and conditions with results including lightening of pigmentation, including age spots and hyperpigmentation, softening the appearance of fine lines and wrinkles, a decrease in the appearance of sun damage, clarify acne breakouts, improve acne scarring and stimulate new collagen production.

MICRODERMABRASION

60 min. \$150

An aesthetic exfoliation system that removes the superficial layer of skin by gently polishing the skin with natural diamond chips bonded to the tip of the wand, while vacuuming exfoliated skin cells away. Removing the outer layer of the dermis leaves skin with a smoother texture, promotes the growth of healthy new skin, and stimulates collagen. For preventative care and to maintain healthy skin, treatments are recommended every 6-8 weeks.

DERMAPLANING FACIAL

60 min. \$165

Create a healthier more radiant appearance, with this focused skin treatment, safely performed using a sterile surgical blade, to exfoliate dead skin and remove vellus hair, also known as peach fuzz. Additional benefits of dermaplaning include reducing visible signs of aging and improving skin texture for smoother make-up application, without the concern of hair growing back thicker.





OXYGEN INFUSION FACIAL

60 min. \$175

Infuse your skin with a blast of pure Oxygen. Using oxygen under light pressure aids the delivery of age-defying ingredients in this modern treatment. Oxygen promotes natural collagen and elastin production improving skin texture while visibly smoothing fine lines and wrinkles. It's an ideal treatment before a special event or whenever an amazing glow is desired.

MICROCURRENT FACIAL

60 min. \$175

Achieve improved facial contour, skin tone and wrinkle reduction in minutes with Microcurrent Therapy. This non-invasive therapy sends out a low-voltage current that stimulates energy production to drive the creation of collagen and elastin in the skin. Fine lines and wrinkles will be drastically reduced leaving your skin with a toned and more youthful looking appearance. To achieve optimal results, multiple treatments are suggested.

PRO CELL MICRO-CHANNELING

\$325 (pack of 4 \$1,200)

Micro-Channeling, is a minimally-invasive, anti-aging treatment designed to improve the appearance of fine lines and wrinkles, loose or sagging skin, acne scars, hyper-pigmentation, stretch marks on the face and body, and non-inflamed rosacea. A specially-designed device creates micro-channels in the skin to stimulate the body's natural healing system. With micro-channeling, your skin will have a fuller, more youthful appearance, with a smoother texture and a radiant complexion.

MICRONEEDLING

90 min. \$400 (pack of 4 \$1,400)

Microneedling is used to improve the overall texture and firmness smoothing fine line, minimizing wrinkles and correcting minor skin imperfections, restoring and rejuvenating your skins overall appearance, leaving you with a more youthful, glowing look. A dermapen, a small, hand-held device that contains fine needles, is used to create tiny punctures in the top layer of the skin. These micro-injuries trigger the body to create new collagen and elastin as part of the healing response. The number of needling sessions depends on the individual skin condition. An interval of 4 to 6 weeks between treatments is typically recommended.



Over 2000 years ago, the curative properties of Hungarian thermal waters were discovered and the first baths were built in Budapest. Many of Hungary's most beautiful thermal baths were built in the 1500s by the occupying Ottoman Turks. They brought the traditional Ottoman hammam to Hungary and built hundreds of baths on the sites of healing springs. All Omorovicza products are powered by a potent blend of Hungary's mineral-rich healing waters and their patented Healing Concentrate™ delivery system. They also contain the finest vitamins, essential oils and other natural ingredients sourced from across the globe, from the bed of Lake Heviz to the peaks of the Andes Mountain. Elevate your skincare regime with the extensive range, powered by the healing, mineral rich waters of Hungary, for a complexion that appears firmer, suppler and more youthful.

OMOROVICZA FACIALS

OMOROVICZA ILLUMINATING FACIAL

60 min. \$165

Designed to brighten and illuminate the complexion, this facial begins with a gentle peeling enriched with copper for an antioxidant collagen-stimulation punch. A unique facial massage soothes the senses and accelerates micro-circulation while rose-and-peony scented mask plumps the epidermis to reduce the appearance of fine lines and wrinkles.

OMOROVICZA GOLD HYDRA LIFTING FACIAL

60 min. \$180

This repairing and hydrating treatment starts with a double application of Hungarian moor mud to cleanse, exfoliate and peel. A rose-scented gold mask then deploys hyaluronic acid in three different forms to plump and nourish the skin while bio-available gold repairs micro-damage to strengthen the skin. The traditional Hungarian rose quartz facial massage lifts and firms. A sprinkling of gold shimmer oil adds a subtle sparkle to arms and décolleté. A plumping treatment designed to boost collagen production, even skin tone and lighten pigmentation. Omorovicza gold serum heals accumulated microdamage while a stimulating massage reduces the appearance of fine lines.

OMOROVICZA BLUE DIAMOND FACIAL

60 min. \$195

This firming and brightening treatment helps to revitalize dull, lackluster skin. Diamond peptides prolong the life of healthy skin cells, restore skin fitness essential to the youthful behavior of skin cells and help repair for a stronger, healthier more vibrant complexion. The traditional Hungarian facial massage will accelerate the oxygenation of the skin to re-energize and lift. Includes cooling derma globe eye treatment.



MASSAGE

EACH 60 MINUTE MASSAGE CAN BE ADJUSTED TO 80 MINUTES TO ENHANCE YOUR SPA EXPERIENCE. INQUIRE ABOUT PRICING WHEN SCHEDULING.

CLASSIC SWEDISH

60 min. \$90 Series of 6 / 60 min. \$450

A gentle, full-body massage designed for relaxation and to soothe tired muscles. This light-to-medium pressure massage is perfect for enhancing circulation, melting away stress, and reviving your senses. A healing therapy for the mind and body.

THERAPEUTIC DEEP TISSUE

60 min. \$100

Enjoy greater range of motion as your therapist works on targeted areas of concern. This intensive massage targets tense muscles to relieve stress due to harsh physical workouts or sport activities. Perfect for easing chronic muscle tension.

CUPPING THERAPY

60 min. \$110

Cupping therapy has been used for thousands of years by many different cultures to help rid the body of disease and improve physical structure. This relaxing and pain free therapy can help with joint pain, tension, inflammation and stress. Additionally, it is effective in releasing knots, and improving joint mobility, while increasing blood circulation and lymphatic flow.

MOTHER-TO-BE

60 min. \$100

A nurturing full-body massage using safe and effective prenatal techniques to release tension caused by overworked muscles. Eases mental and physical stress and discomforts experienced during pregnancy. Ideal for women in their second and third trimester of pregnancy.

SOOTHING HOT STONE

60 min. \$120

Be lulled into a deeper level of peace and tranquility with the heat emitted from smooth basalt stones penetrating deeply into your muscles, melting away tension and built-up stress. The combination of hand and stone massage creates a sense of complete balance.

AROMATHERAPY

60 min. \$100

Our most relaxing massage utilizing essential oils and herbal extracts to rejuvenate your body, mind and soul. Personalize your massage to fit your mood and personality.



SPORT

60 min. \$100

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. After a brief consultation with the therapist, you will experience a customized session that may include deep tissue techniques, assisted stretching, compression and more. Benefits of this treatment include increased flexibility, endurance and injury prevention.

CBD

60 min. \$130

Indulgent and luxurious! Take your massage to the next level with a deeply moisturizing, CBD-enhanced treatment. Allow the cell-communicating CBD to penetrate deep, relaxing your body and mind while restoring that sweet equilibrium.

REFLEXOLOGY

30 min. \$55

Experience this therapeutic and naturally healing art, based on the principle that there are reflexes in the feet. Reflexology promotes relaxation, improves circulation, reduces pain, soothes tired feet, and encourages overall healing.

COUPLES

60 min. \$190

Share any of our wonderful massage experiences side by side with a loved one or a friend in the couple's massage room for two. Choose from: Classic Swedish, Therapeutic Deep Tissue, Soothing Hot Stone or Sport.





BODY TREATMENTS

ALL BODY TREATMENTS INCLUDE A ONE HOUR CLASSIC SWEDISH MASSAGE.

REVIVING SUGAR SCRUB

90 min. \$150

This treatment leaves your skin silky smooth, tightened and nourished with a blend of anti-oxidants and alpha hydroxyl acids.

CHAMOMILE BODY BALANCER

90 min. \$150

This two-step gentle exfoliation utilizes granulated pumice stone in a cream base, followed by a loofah scrub, which stimulates circulation and removes dead skin. Chamomile gel, rich in natural botanicals, is applied for immediate hydration.

RESTORATIVE FRENCH SALT SCRUB

90 min. \$150

Buff and polish your skin to perfection with a gentle exfoliating scrub. French sea salt massages away skin impurities leaving your skin with a glowing and youthful appearance.

HUNGARIAN PAPRIKA CELLULITE TREATMENT

90 min. \$165

Detoxifies and stimulates fatigued skin while reducing cellulite. This full body wrap increases circulation with Hungarian paprika to achieve a healthy glow.

HUNGARIAN MOOR MUD TREATMENT

120 min. \$195

Capturing the essential nature of the mineral-rich Hungarian Moor Mud, this treatment is designed to deliver curative properties and transforming effects. More than an ordinary treatment, this unique body experience begins with brief body brushing or salt exfoliation, then mineral-rich Hungarian Moor Mud is applied to the entire body to detoxify, rebalance and provide the skin with essential nutrients. The finishing touch is the application of a signature fragrant blend of essential oils leaving the skin hydrated, soft and smooth.



NAIL SERVICES

SPA MANICURE

\$30

Nail shaping, buffing, and cuticle treatment, followed by a hand massage with warming mitts and finished with your choice of polish or buffing.

FRENCH MANICURE

\$40

Classic Spa manicure finished with traditional French polish.

GEL MANICURE

\$40

Nail shaping, buffing, and cuticle treatment, followed by a hand massage and finished with your choice of gel polish

ULTIMATE MANICURE

\$45

Spa Manicure with the addition of a personalized, single use, paraffin bath formulated with Swiss apple stem cells to nourish and protect the skin. Finished with your choice of polish or buffing.

LUXURIOUS BLUE DANUBE MANICURE

\$50

Our most decadent manicure featuring Champagne and Rose Butter, rich in Shea Butter, Grapeseed Oil and Vitamin A, C and D. Hands are gently exfoliated, followed by nail shaping and cuticle treatment. Ultra-hydrating Champagne and Rose Butter Cream is then massaged into the skin and finished with Bulgarian Rose essential oil and choice of polish or buffing.

SPA PEDICURE

\$55

Begin with a relaxing foot bath, callous treatment and exfoliating salt scrub treatment, followed by nail shaping, cuticle maintenance and buffing. Finish with a foot massage, warming booties and your choice of polish.

FRENCH PEDICURE

\$65

Classic Spa Pedicure finished with traditional French polish.

HEALING POWER PEDICURE

\$65

An enhanced Spa Pedicure tailored to those that require deep callous removal and specialized attention to ingrown nails. Finished with a therapeutic trigger point foot massage and choice of polish or buffing.

ULTIMATE PEDICURE

\$70

Spa Pedicure with the addition of a personalized, single use, paraffin bath formulated with Swiss apple stem cells to nourish and protect the skin. Finished with your choice of polish or buffing.

LUXURIOUS BLUE DANUBE PEDICURE

\$75

Our most decadent pedicure featuring Champagne and Rose Butter rich in Shea Butter, Grapeseed Oil and Vitamin A, C and D. Beginning with a relaxing mineral bath to assist in the removal of dead skin cells, soften calluses, detoxify and strengthen nails, feet and legs are then gently exfoliated with Champagne and Rose scrub. Followed by nail shaping and cuticle treatment, finished with a relaxing foot massage with ultra-hydrating Champagne and Rose Butter Cream, Bulgarian Rose essential oil and choice of polish or buffing.



PACKAGES

HUNGARIAN HARMONY

4 hrs. \$325

- Soothing Hot Stone Massage
- Seasonal Facial
- Rejuvenating Eye Treatment
- Ultimate Manicure
- Ultimate Pedicure
- Hungarian fare/cold plate and wine

JUDIT EUROPEAN HOLIDAY

5 hrs. \$425

- Waxing (choice of brow & lip or basic bikini)
- Restorative French Salt Scrub with one hour Massage
- Classic European Facial
- Blue Danube Luxurious Manicure
- Blue Danube Luxurious Pedicure
- Champagne & strawberries w/ cheese plate





SEWICKLEY EXCLUSIVE

HAPPY HOUR IN THE NEIGHBORHOOD

2 hrs. \$300

- Choice of 60 minute massage
- Omorovicza Illuminating Facial
- \$25 gift certificate to one of Sewickley's finest restaurants

THE LITTLE MERMAID

5 hrs. \$400

- Chamomile Body Balancer and massage
- Anti-aging facial with lip treatment enhancement
- Pure Oxygen Blast
- Spa manicure
- Spa pedicure
- \$35 gift certificate for the Slippery Mermaid Restaurant

THE ULTIMATE SEWICKLEY HEIGHTS EXPERIENCE FOR TWO

call for pricing

- 9 or 18 holes of golf at Sewickley Heights Golf Club (based on availability)
 - Lunch at Sewickley Heights Golf Club
 - Sports massage for two
 - Car service to and from the Spa to Sewickley Heights Golf Club
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- A decorative, light-colored swirl graphic is positioned on the right side of the page, extending from the top to the bottom. It features elegant, flowing lines that curve and spiral, adding a touch of sophistication to the layout.

ABOUT YOUR SPA EXPERIENCE

ARRIVAL

For an optimal spa experience, we recommend that you arrive at least 15 minutes prior to your appointment to relax and prepare for your treatment. Should you arrive late, your treatment may be shortened to allow the therapist to be on time for their next appointment. For your comfort, we suggest you shower before all massages and body treatments.

CANCELLATION POLICY

All appointments are reserved just for you and with a valid credit card at the time of scheduling. Should you need to adjust your appointment, we ask that any cancellations be made at least 24-hours in advance. 50% of the price of the service will be charged to the credit card on file for cancellations made with less than six hours' notice. No shows will be charged the full treatment price, unless we are able to fill you appointment, then there will be no charge.

GIFT CERTIFICATES

Gift Certificates are a perfect gift for any occasion and can be purchased by denomination or for a specific service.

MOBILE PHONES

To respect the tranquility of the spa, and to be considerate of others, we request that you keep your mobile phone on silent mode at all times.

HEALTH

Please communicate health conditions such as high blood pressure, allergies, pregnancy and any other concerns you may have when making your appointment.

AGE REQUIREMENTS

The spa is an adult experience for guests 16 years of age and older. Children under the age of 16 must be accompanied by a parent or guardian at all times.

GRATUITIES

Gratuities are not included in the price of Spa services. Our staff graciously accepts cash, checks or Venmo.

CONTACT US

Phone: (412) 904-3223
Address: 605 Beaver St.
Sewickley, PA 15143
Web: Juditdayspa.com

HOURS OF SPA OPERATION

Monday - Thursday 9 am – 8 pm
Friday 9 am - 6 pm
Saturday 9 am – 4 pm
Sunday Closed



Judit Gallagher and Bowie



605 BEAVER STREET • SEWICKLEY, PA 15143
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